

LIFESPRING NEWS



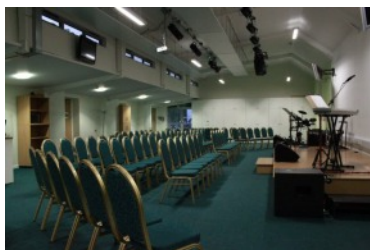
WEEK BEGINNING 5TH NOVEMBER 2018

Breaking News!

Great news hot off the press! Clothworkers Foundation has awarded Lifespring Centre £10,000 towards refurbishment work. The money was given to us in view of the work we do with older people, the homeless, disabled people as well as families and young people. We told the Foundation that we needed the money to refurbish our Community Hub as we had been operating for almost seven years and the building was no longer looking its best. We said that we are in the hospitality business and, as such, are very aware that hospitality has to do with creating an experience and a safe environment in which people feel welcomed, valued and looked after. We said that the overall look and feel of the building and environment were very important. The Clothworkers Foundation agreed with us!

The money means that we can now press ahead with plans to:

- Repaint the building;
- Put down new Flooring in Café;
- Build new storage units for main hall;
- Install safety lighting for side path;
- Mount CCTV;
- Build outside storage;
- Fit hand dryers for toilets;
- Buy some new Kitchen Equipment.



This Week

Monday:	Boys Brigade and Girls Association 6.00pm	Ollerton
Tuesday:	Planning Meeting 6.30pm	Ollerton
	communication Class 7.30pm	Ollerton
Wednesday:	Parent and Toddler 9.15am	Ollerton
Thursday:	Prayer 9.30am	Warsop
Friday:	Prayer 9.00am	Ollerton
	Bible Study 10.00am	Ollerton
	Ignition 6.30pm	Ollerton
Sunday:	Remembrance Sunday 10.30am	Ollerton
	Remembrance Sunday 4.30pm	Warsop

Remember Christmas is Coming



Christmas is a wonderful season. We are in full flow making preparations to celebrate the birth of our Saviour in a fitting manner. There will be a Christmas Party, Nativity, Carols by Candlelight, Christmas Hampers, Giveaways for children, a Christmas Day Service and of course our Christmas Day meal. Make sure

to book in for our Christmas Party on Saturday 1st December at 7.00pm, costing only £7.00. There will be a luxury buffet, disco and fellowship. It promises to be a great night. If you would like to help with Christmas hampers, please see Beverley. We will be collecting outside Tesco from 5th to 7th December and packing will take place on December 10.

How to Overcome Offence



This week we begin a great teaching series in our Life Groups. The theme this month is "The trap of Offences". This is one of the greatest snares that we fall into in personal relationships. Getting offended can be the beginning of a spiraling path into broken relationships, resentment, divorce or leaving work or church.

Learn how to handle it by coming along to one of our groups this week. You can see Liz, Beverley, Mark, Lesley, Nina or myself and we will help you find a group near you.

Coming up Soon

Session 2:

How to Deal with Criticism - Week commencing 10th December

Session 3:

How to Defeat Rejection - Week commencing 14th January.

Volunteering at Lifespring Part 2

The more we give, the happier we feel. Volunteering increases self-confidence. You are doing good for others and the community, which provides a natural sense of accomplishment. Your role as a volunteer can also give you a sense of pride and identity.

Last week I said that we have a great ethos of volunteering at Lifespring. We have 46 unique volunteers serving in various positions. That means that almost 50% of the adult population of the Church is volunteering. We celebrate

volunteers like Lesley Dannatt who is running a very successful Parent and Toddler group and manages Make Lunch during the school holidays. Derek and Elaine Bradford have been running our Friday night Youth Club since 2012. Robert Day, Moira Moxon and Gemma Godfrey do a fantastic job in running our two charity shops. This work is often unseen but their efforts support Ian and Sarah as well as three other projects overseas, not to mention the projects nearer home. This week, three volunteers from the community have come to offer their services on Christmas Day. How fantastic is that? Without our volunteers serving in positions from youth and children's work to Life Groups, and everything in between, we could not do the great work we do.



Volunteering offers vital help to people in need, worthwhile causes, and the community, but the benefits can be even greater for you, the volunteer. Volunteering and helping others can help you reduce stress, combat depression, keep you mentally stimulated, and provide a sense of purpose. While it's true that the more you volunteer, the more benefits you'll experience, volunteering doesn't have to involve a long-term commitment or take a huge amount of time. Giving in even simple ways can help others those in need and improve your health and happiness.

People with disabilities or chronic health conditions can still benefit greatly from volunteering. In fact, research has shown that adults with disabilities or health conditions ranging from hearing and vision loss to heart disease, diabetes or digestive disorders all show improvement after volunteering.

50% of the adult population of the Church serve in volunteering roles.

So come and see us. Perhaps you want to make it better around here or you want to meet people who are different from you. You might want to try something new or do something with your spare time. You can gain work experience in the cafe. We have lots of opportunities, so do come and see us. *Mike and the leadership.*

Have you Read our Financial Report?

The fact that you donate some of your hard earned cash to Lifespring Church is very much appreciated. Thank you. You deserve to know what we are doing with it.

Running a modern church like ours is a pretty large task. Our church runs two congregations, two charity shops, supports a cafe and a room rental business. We run a Parent and Toddler, 2 youth groups, Make Lunch and ten Life Groups. Such a church needs administration, vision, recruitment, fundraising, advice and guidance, compliance with Health and Safety regulations, Safeguarding and a host of other skills that have little or nothing to do with preaching. In addition, we support four missionary initiatives (including Ian and Sarah) and some projects at home as well such as helping local people with bills and heating etc. All of this activity has to be supported and paid for.

Here is our income from donations for the last four months:

Ollerton: June £2723, July £3770, August £3668 and September £2638. Total: £12,700. The target was £16,752 (from previous year).

Warsop: June £368, July £537, August £1297 and September £358. Total: £2560. The target was £1548

As you can see, our income goes up and down and this makes it very difficult to budget. Please prayerfully consider giving by standing order. Many thanks. Mike

Lifespring Contact Details

Ollerton Address: Lifespring Church, Sherwood Drive, New Ollerton, NG22 9PP

Church Warsop Address: Lifespring Church, Carter Lane, Church Warsop, NG20 0SP

Telephone: 01623 860303

Pastor Mobile: 07736274347

Email: office@lifespring.org.uk

Church Web Page: www.lifespring.org.uk

Centre Web Page: www.lifespringcentre.net

Charity Commission Number: 1087842